

# Social Skills to Teach (Social Skills Cards)

**As we navigate the new experience of staying home with our families to minimize the spread of COVID-19, conflict is sure to arise. One way to soothe conflict is to directly teach important social skills, even those that may seem obvious to adults. Use these cards to provide children with the skills they need to change behavior, promoting peace and cooperation in your home.**

Young children's brains encode information in pictures. Vague directives like "Share" are not helpful. Clear directions, especially those that include images, help children understand and retain expectations. These cards feature step-by-step instructions with visuals for a wide range of skills like listening, asking for a turn, entering a conversation and getting someone's attention.

Featured in the webinar "Learn the New Roadmap to Behavioral Change" with Master Instructor Jill Molli, these social skills cards are an excellent way to equip children with essential life skills. As your children acquire the skills needed for changed behavior, you'll transform conflict into cooperation in your home.

## **DIRECTIONS:**

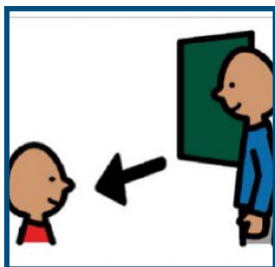
- **STEP 1:** Print the following pages back-to-front (double sided).
- **STEP 2:** Cut along the center line so you have a total of 10 cards.
- **STEP 3:** Teach social skills to your children using the cards. It is helpful to model the social skills step-by-step and involve children in roleplay. You may wish to keep the cards in a prominent location in your home, or in a location where conflict is likely to occur.

**Note:** If you are not able to print double sided, print single pages and use a glue stick to adhere the matching page.

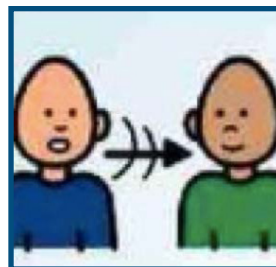
## Getting Someone's Attention



Tap

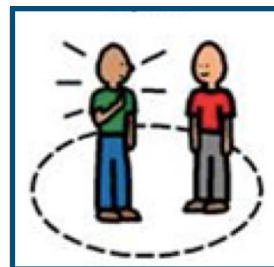
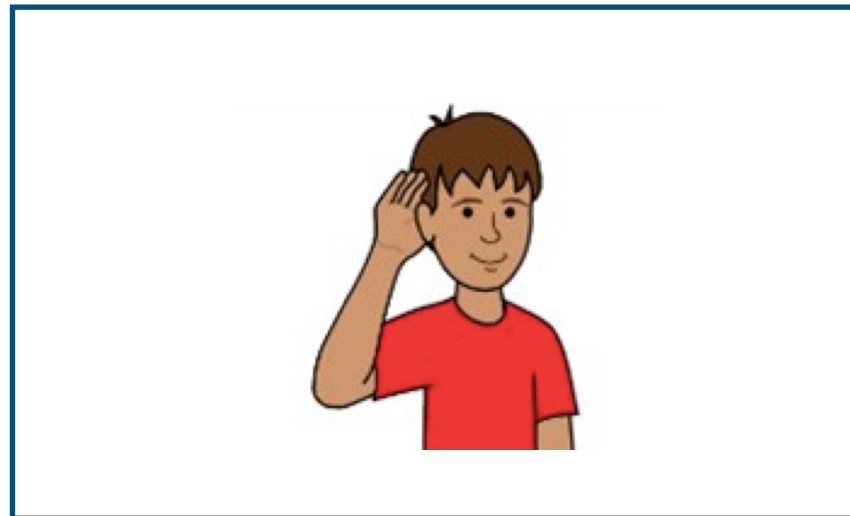


Look

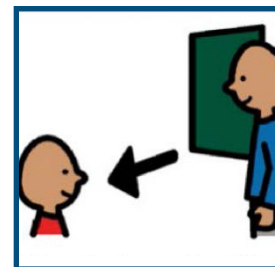


Say Name

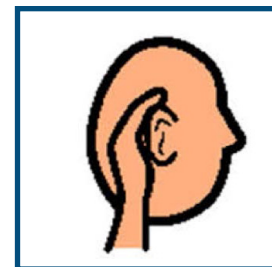
## Listening to Others



Turn



Look



Listen

## Listening to Others

**Step 1:** Turn to the person talking

**Step 2:** Look at them

**Step 3:** Listen to what they have to say

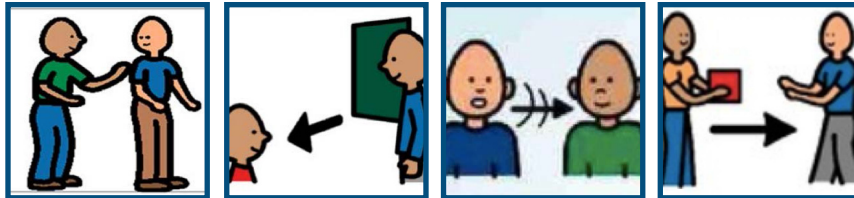
## Getting Someone's Attention

**Step 1:** Tap someone's shoulder

**Step 2:** Look at them

**Step 3:** Say their name

# Giving Someone a Toy/Object



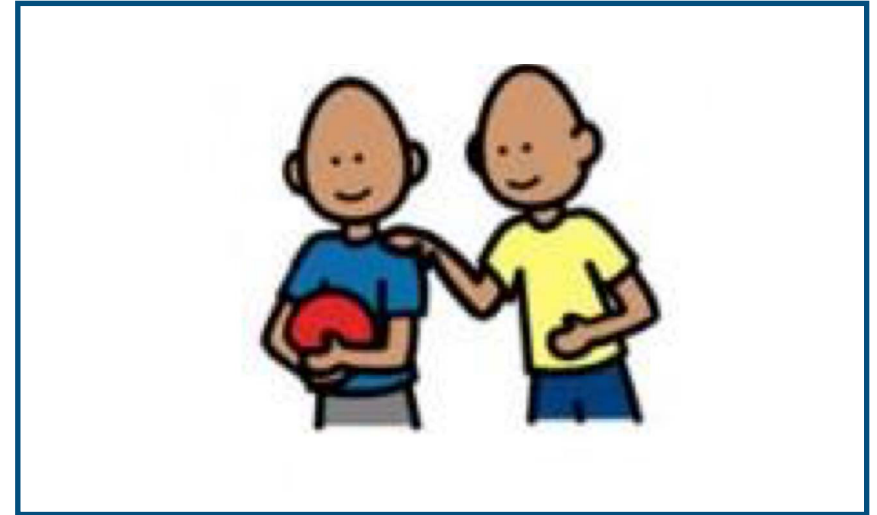
Tap

Look

Say Name

Say "here"

# Asking for a Turn



Tap

Look

Say Name

"Turn Please"

## Asking for a Turn

**Step 1:** Tap someone's shoulder

**Step 2:** Look at them

**Step 3:** Say their name

**Step 4:** Say "turn please" and wait for them to respond

## Giving Someone a Toy/Object

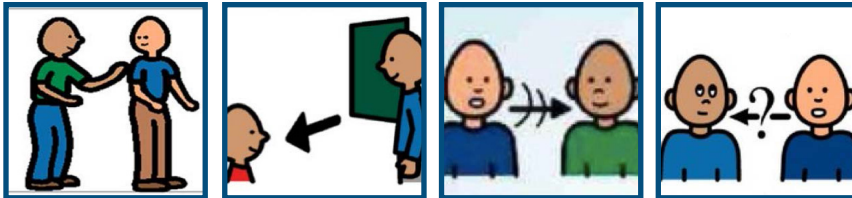
**Step 1:** Tap someone's shoulder

**Step 2:** Look at them

**Step 3:** Say their name

**Step 4:** Say "here" and give them a toy/object

# Asking to Play/Work Together



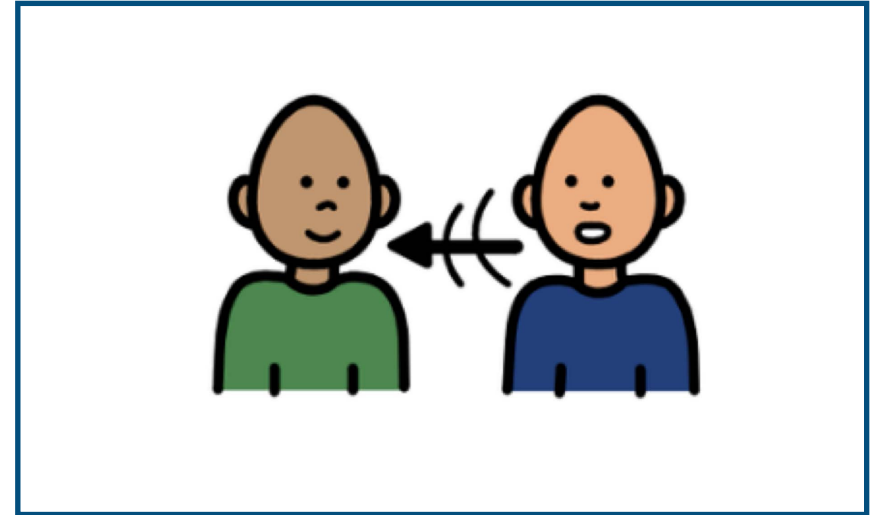
Tap

Look

Say Name

Ask to Play

# Inviting Someone to Play



Tap

Look

Say Name

Invite

## Inviting Someone to Play

**Step 1:** Tap someone's shoulder

**Step 2:** Look at them

**Step 3:** Say their name

**Step 4:** Invite them to play by saying, "Would you like to play?" and wait for an answer

## Asking to Play/Work together

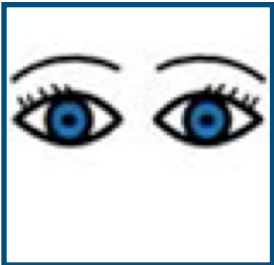
**Step 1:** Tap someone's shoulder

**Step 2:** Look at them

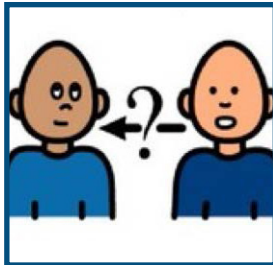
**Step 3:** Say their name

**Step 4:** Say, "Can I play?" or "Can I work with you?"

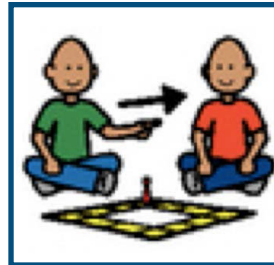
## Joining in Play



Watch

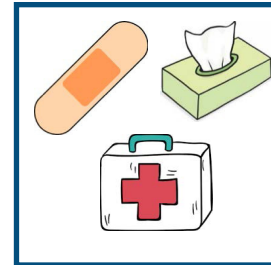
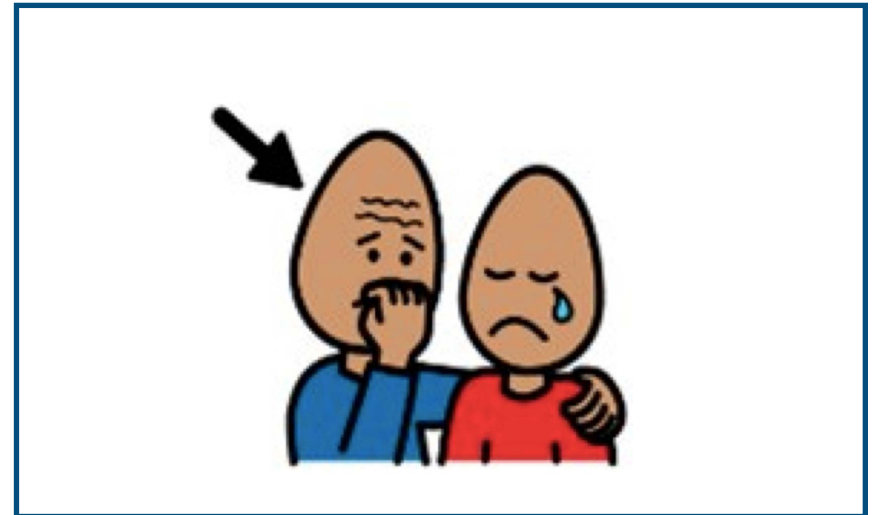


Ask

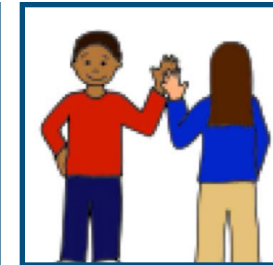


Play

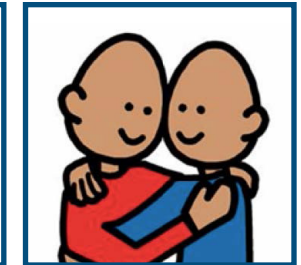
## How to Help Someone Feel Better



First Aid



High Five



Hug



## Helping Someone Feel Better

**Step 1:** Notice if someone is hurt

**Step 2:** Say, “What can I do to be helpful?”

**Step 3:** Wait for the person to choose and then help them with that option

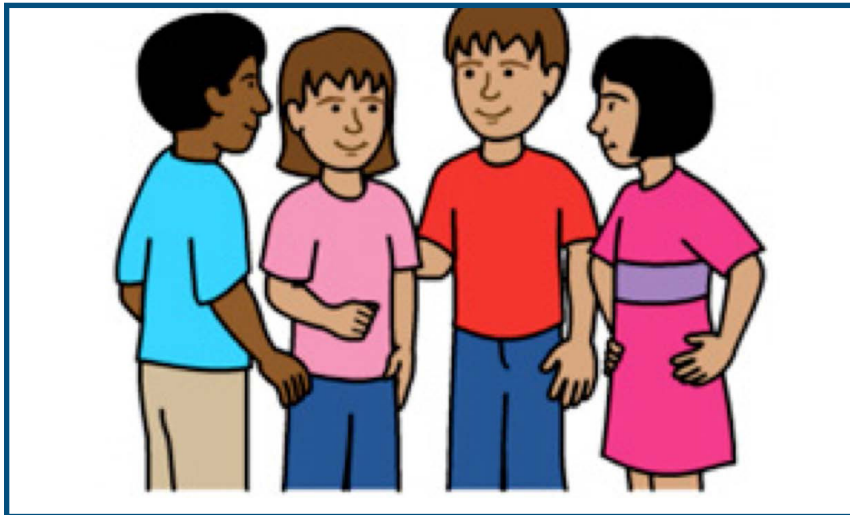
## Joining in Play

**Step 1:** Watch a group as they play and decide if you want to play too. If you do, say “what are you playing?”

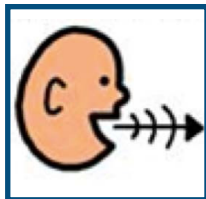
**Step 2:** Ask the group, “Can I play with you?”

**Step 3:** If they say “yes”, join the group. If they say “no”, ask another group.

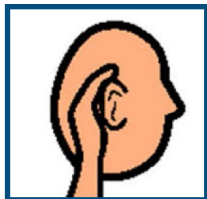
# Entering a Conversation



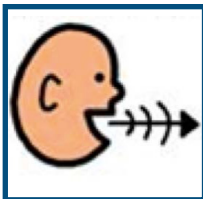
Listen & Wait



Speak



Listen



Speak

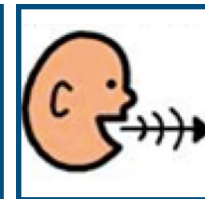
# When I Have Something to Say



Raise Hand



Wait to be called on



Speak



Listen

## When I have something to say

**Step 1:** Raise your hand when you have an idea to share

**Step 2:** Wait until the teacher calls your name

**Step 3:** Say your idea

**Step 4:** Listen to the ideas of others

## Entering a Conversation

**Step 1:** Listen and wait for a pause in the conversation

**Step 2:** Take your turn to speak and then pause

**Step 3:** Listen to the other person

**Step 4:** Take your turn to speak again